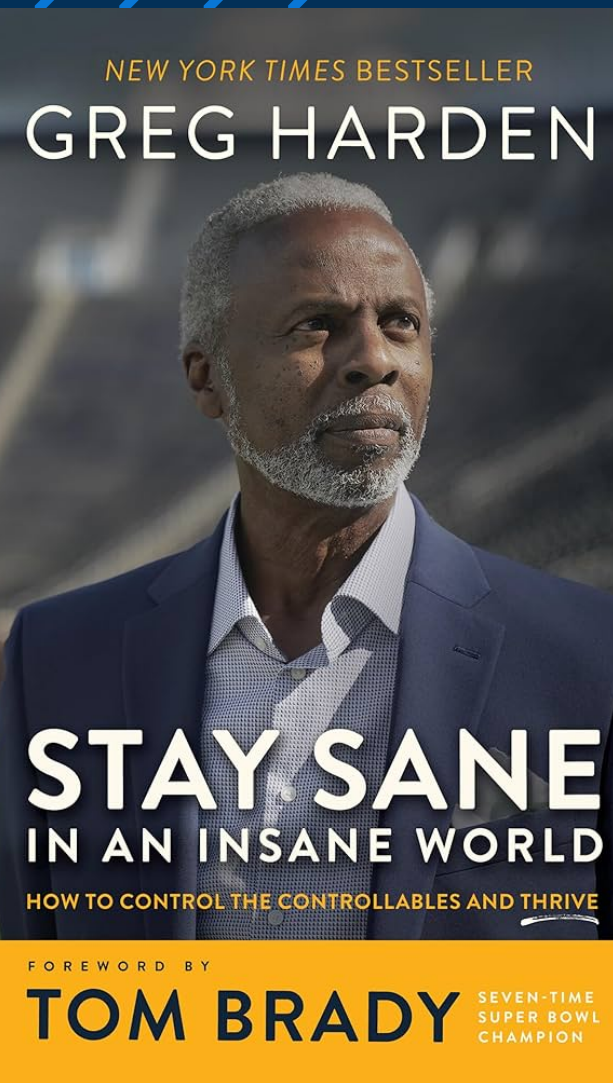


MEET THE AUTHOR



Tom Brady's mentor Greg Harden joins us in-person to discuss his new book

According to 7-time Super Bowl Champion **Tom Brady**, 23-time Olympic Gold Medalist **Michael Phelps**, Heisman Trophy winners **Desmond Howard** & **Charles Woodson**, championship coaches and CEOs from across the globe: **legendary University of Michigan Athletic Counselor Greg Harden transforms lives.**

In **STAY SANE**, Harden poses the same question he asked a young Brady when he first entered his office: Why should I believe in you, if you don't believe in yourself? Harden coaches the reader how to practice, train, and rehearse to give 100 percent, 100 percent of the time, making hard work and extreme effort second nature.

Copies of the book will be available for purchase before and after the event

In his first book, Harden is reaching out to help anyone who wants to live their best life by offering powerful and practical advice.



Tuesday, Dec. 12



6 pm



Henry Ford Centennial Library
Conference Room 15

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