



BANS, BANS, BANS....

Fighting to Protect Civil Rights in a Time of Political Unrest

Category: Advocacy

Libraries and schools are under attack. There is a huge national push to levy a variety of challenges to peoples' Constitutionally protected rights to intellectual freedom and free speech. Library employees and directors have been pushed out, fired, labeled pedophiles or groomers and are under duress. This presentation will cover real world techniques that have been utilized by the presenter with great success when addressing book, program, display, and reading list challenges from individuals, groups, and municipal bodies (including library boards).

As a result of this program, attendees will learn:

- The value of knowing your audience
- How to create challenge forms
- How to adjust their framing based on audience
- How to deal with bad actors on boards

Date **April 5, 2023**

Time 2.00 PM - 3.00 PM EST

Your Knowledge Expert



Lance Werner





Fewer but Better:

Selecting Your Yes with Intention

Categories: Interpersonal Skills & Professional Development

Setting healthy boundaries and learning to say no are two of the most difficult professional skills to develop. Yet the cost of permeable boundaries and endless people-pleasing includes burnout, resentment, and disengagement. Paradoxically, too many indiscriminate "yeses" also make us less effective by shifting our focus away from our best work and highest contributions.

As a result of this program, attendees will:

- Develop and articulate practical strategies for creating healthy boundaries and saying yes and no with intention
- Examine core beliefs around worthiness, approval, and agency
- Identify and make space for inspiring, engaging, and impactful work as the antidote to burnout and resentment

Your Knowledge Expert

Rebekah Cummings

Date **April 12, 2023**

Time 2.00 PM - 3.00 PM EST





Demystifying Mindfulness

Category: Wellness

Come take a break from the planning-rushing-doingtrance to reconnect with yourself and be in community! If you have been curious about mindfulness this introductory webinar is a perfect way to get your feet wet!

As a result of this program, attendees will experience how to:

- Foster the conditions to increase more presence in their day-to-day life
- Set up a simple, engaging, and fun meditation practice
- Hold a safe and accepting space to be with difficulties
- Attune to the underlying motivations that generate compulsive thinking
- Meet needs for empathy, understanding and compassion just by turning a kind attention inwards
- Create a container for support, learning and growth for others

Date **April 19, 2023**

Time 2.00 PM - 3.00 PM EST

Your Knowledge Expert



Aiko Michot





Best Picture Books Published in 2022 for Ages 1-6

Categories: Reader's Advisory & Children's Collection Development

Open educational resources (OER) are popular resources, due in part to their contribution to creating more affordable course materials.

This presentation discusses the fundamental characteristics of OER and specifically how OER can be used for engagement and inclusivity. Additionally, the presenter will describe how libraries can incorporate OER to develop agency in library users, and also to provide opportunities for library users to contribute new knowledge to the digital ecosystem.

As a result of this program, attendees will gain the skills to:

- Name key characteristics of OER
- Describe how to use OER
- Develop ideas for incorporating OER into libraries

Your Knowledge Expert



Katie Clausen

Date April 26, 2023

Time 2.00 PM - 3.00 PM EST